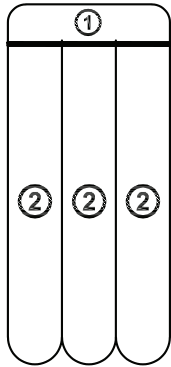


Application Instructions



Helps with the following conditions:

- Groin Pulls
- Weak adductors
- Torn adductors
- Muscle imbalance
- Improved athletic performance

GROIN SPIDER™ basic application



- 1** Before applying the brace tear all of the perforations. Place the client on their back with their leg relaxed.



- 2** Peel off half of the backing of section 1 and apply to the groin area. Once half of section 1 is applied, tear the remaining portion of the backing off and apply the tape to the skin. Gently rub over the top of the tape to activate the glue.



- 3** Abduct the patient's leg to expose the adductors, peel off the backing of the outside arm of section 2 and apply the tape to the inside of the leg without any stretch applied to the tape.



- 4** Peel of the backing to the middle arm of section 2 and apply without any stretch applied to the tape.



- 5** Peel of the backing to the inner arm of section 2 and apply without any stretch applied to the tape.

